ViSiT DMPL.ORG/SIMPLESTEPS FOR MORE INFORMATION



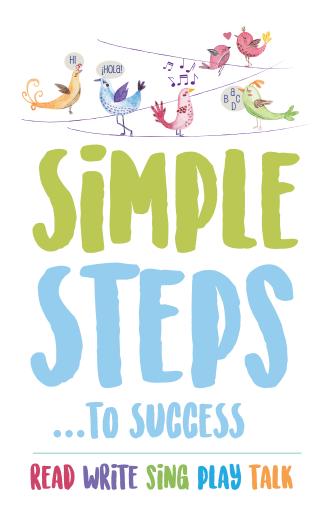








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WIN PRIZES BY COMPLETING THE ACTIVITIES INSIDE!

RECOMMENDED FOR CHILDREN FROM BIRTH TO PRESCHOOL

COMPLETE 4 OUT OF 5 ACTIVITIES FOR EACH SIMPLE STEP, THEN PLACE A STICKER ON THE CORRESPONDING CIRCLE. ONCE YOU HAVE ALL 5 STICKERS, YOU WILL RECEIVE A PRIZE!



- ☐ Visit the library and borrow books to read at home.
- Attend a library program
 (See our event calendar at dmpl.org/events.)
- Build a cozy reading spot and snuggle up to read.
- ☐ Walk around your neighborhood, and point out letters that you see.
- ☐ Read together outside.





SCRIBBLING, DRAWING, AND USING THOSE FINGER MUSCLES WILL HELP

- Complete a puzzle together.
- Use Play-Doh to make play foods.

PREPARE YOUR CHILD TO WRITE!

- Draw letters or shapes outside with chalk, in sand, or in snow.
- Draw a picture of your family and talk about what makes each person special.
- Draw simple lines on paper and have your child cut or tear on the lines.

_	Play music and dance together.
	Create an instrument with items you find
	around the house.
	Make up your own silly song as you
	complete work around the house.
	Listen to a new type of music together.
	Sing your favorite song, then sing it faster

and faster and faster.



PLAYTIME ALLOWS YOUR CHILD TO DEVELOP THEIR CREATIVITY, VOCABULARY, AND SOCIAL SKILLS!

- Stack blocks or boxes as tall as you can.
- Pretend you are an animal; what sounds do you make?
- Practice throwing balls or other soft objects into a box or basket.
- ☐ Build something using items you find outside.
- Make creatures from Play-Doh and act out a story with them.



ASKING QUESTIONS AND TALKING WITH YOUR CHILD WILL HELP THEM LEARN NEW WORDS!

- Point to foods in the grocery store and ask your child to identify the food or its color.
- ☐ Take a walk in the park and see how many animals and bugs you can find together.
- Tell your child three things you love about them.
- Count your steps as you walk together.
- Have your child help sort laundry, then talk about what makes the items the same or different.

