



Street Card

Community Resources



dmpl.org | 515.283.4152

JOB ASSISTANCE

Evelyn K Davis Center

1171 7th Street • 515.697.7700 •

evelynkdaviscenter.org

Services include job search assistance, interview preparation, job placement, and resume preparation.

IowaWORKS Center

200 Army Post Road • 515.281.9619 •

iowaworkforcedevelopment.gov

A state agency committed to providing employment services for individual job seekers through our IowaWORKS partnership.

Project Iowa

1420 Mulberry Street • 515.280.1274 •

projectiowa.org

Provides free career training and employment placement services to individuals who experience barriers to employment.

LEGAL

Iowa Legal Aid

1111 9th Street, Suite 230 • 800.532.1275 •

iowalegalaid.org

Provides free legal assistance with civil legal problems for clients who meet income and asset guidelines.

Legal Hotline for Older Iowans

1111 9th Street, Suite 230 • 800.992.8161 •

iowalegalaid.org

Provides free legal services to Iowans 60 and older.

Youth Law Center

300 Walnut Street, #295 • 515.244.1172;

800.728.1172

Provides free juvenile court representation to Polk County youth and free legal advice to Iowa youth. 24-hour answering service.

MEDICAL

Christ the King Free Clinic

5711 SW 9th Street • 515.285.2888 •

christthekingparish.org/free-clinic

Palmer-Ellefson Free Medical Clinic

1607 E 33rd Street • 515.266.7622 •

palmer-ellefsonfreeclinic.com

Serves patients with no income limitation. Offers acute care services only, such as flu, colds, and ear infection.

Polk County Health Department

1907 Carpenter Street • 515.286.3798 •

polkcountyiowa.gov/health

Healthy Women Program and Vaccines for Children Program for the uninsured or underinsured in Polk County. Call for an appointment.

DISABILITIES

Client Assistance Program

321 E 12th Street • 1.800.652.4298 •

humanrights.iowa.gov

Helps people with disabilities receive quality services by advocating for their interests and helping them identify resources.

Disability Rights Iowa

400 E Court Avenue, Suite 300 • 515.278.2502 •

driowa.org

Defends and promotes the human and legal rights of Iowans who have disabilities and mental illness.

MENTAL HEALTH

Broadlawns Medical Center

1801 Hickman Road • 515.282.2200 •

Crisis Team: 515.282.5752 • broadlawns.org

Offers mental health and crisis services.

Eyerly-Ball Community Mental Health Center

1301 Center Street • 515.241.0982 • eyerlyball.org

Offers outpatient therapy, medication assistance, and other psychiatric services.

NAMI Greater Des Moines

511 East 6th Street, Suite B • 515.277.0672 •

namigdm.org

Empowering individuals, families & community by providing hope & education about mental health.

SUBSTANCE ABUSE

Mercy First Step Recovery Center

1750 48th Street, Suite #2 • 515.271.6075 •

mercyone.org

Outpatient, detox, recovery, relapse, and substance abuse consultation.

Powell Chemical Dependency Center

700 E University Avenue • 515.263.2424 •

universitypoint.org

Inpatient substance abuse services.

Prelude Behavioral Services

3451 Easton Boulevard • 515.262.0349 •

preludeiowa.org

Substance and addiction treatment, including detox, 24-hour residential, and outpatient care.

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Community Resources (Continued)

IMMIGRANTS & REFUGEES

Justice for Our Neighbors

2024 Forest Avenue, Suite 101 • 515.255.9809 • iowajfon.org
Provides free, high-quality immigration legal services, education, and advocacy for low-income immigrants.

Iowa Bureau of Refugee Services

1914 Carpenter Avenue • 515.875.5600 • dhs.iowa.gov/refugee-services
Provides social services to refugees who have been in the United States for fewer than 5 years.

U.S. Committee for Refugees and Immigrants (USCRI)

1200 University Avenue, Suite 205 • 515.528.7525 • refugees.org/field-office/des-moines
Offers trainings and workshops that assist refugees and immigrants in becoming full participants in all aspects of American life.

VETERANS

VA Community Resource and Referral Center

1223 Center Street, Suite 17 • 515.699.5637 • centraliowa.va.gov
Provides VA eligible veterans free walk-in showers, laundry, internet, phone, and a full range of services for homeless veterans.

Polk County Veteran Affairs

2309 Euclid Avenue • 515.286.3670 • polkcountyiowa.gov
Provides assistance to veterans, their families, and dependents residing in Polk County.

Veterans Crisis Line

800.273.8255 • www.veteranscrisisline.net
The Veterans Crisis Line is specially trained and experienced in helping veterans of all ages and circumstances.

HOTLINES

Children and Families of Iowa

515.243.6147 • cfiowa.org
Provides 24/7 domestic violence prevention, family support, mental health, and substance abuse.

Iowa Concern Hotline

1.800.447.1985 • extension.iastate.edu/iowaconcern
24/7 access to an attorney for legal education, stress counselors, and referral services.

United Way

211 • 1.800.244.7431 • 211iowa.org
A free and confidential service that helps people find the local resources they need 24/7.

GENERAL ASSISTANCE

Des Moines Catholic Worker

1310 7th Street • 515.214.1030 • dmcatholicworker.org
Provides free day-time shelter, meals, groceries, shower, toiletries, clothing, and phone use.

Polk County General Assistance

2309 Euclid Avenue • 515.286.3000 • polkcountyiowa.gov
Provides temporary assistance with basic and special needs to eligible Polk County residents.

Salvation Army Family Services

1326-1330 6th Avenue • 515.282.3422 • centralusa.salvationarmy.org/desmoines
Provides clothing, furniture, and assistance with mortgage, rent, deposit, utility payments, and infant necessities.

SHELTERS

Central Iowa Shelter & Services

1420 Mulberry Street • 515.284.5719 • centraliowashelter.org
Low-barrier shelter, meals, and services at no cost to adults experiencing homelessness.

IHYC Youth Opportunity Center

612 Locust Street • 515.883.2379 • yss.org
Offers nine low-barrier bed units. Youth (18-24) may stay for up to 30 days.

Primary Health Care Centralized Intake

1200 University Avenue • 515.248.1850 • phciowa.org
Provides centralized intake for ALL Des Moines shelters.

HOUSING

Hawthorn Hill Home Connection

3001 Grand Avenue • 515.244.9748 • hawthorn-hill.org/the-home-connection
Assists families transition from homelessness to permanent housing.

IHYC Rapid Rehousing Program

612 Locust Street • 515.883.2379 • yss.org
Twelve youth (18-22) can move into their own housing and receive rent assistance on a sliding scale.

YMCA Supportive Housing Campus

2 SW 9th Street • 515.288.2424 • dmymca.org
Helps adults who are homeless (or at-risk) move into permanent housing.

MEAL SITES

The Connection Café

600 6th Avenue • 515.771.1481 • theconnectioncafe.org

Children and Family Urban Movement

1548 8th Street • 515.282.3242 • cfum.org

Hope Ministries

1310 6th Avenue • 515.265.7272 • hopeiowa.org

FOOD PANTRIES

DMARC

Various locations • 515.277.6969 • dmarcunited.org/food
Provides individuals and families up to three days' worth of food for free.

Food Bank of Iowa

2220 E 17th Street • 515.564.0330 • foodbankiowa.org
Provides food to organizations that serve Iowans in need.